

# Southern CEF Annual Impact Report 2017-18



## **Chair's Foreword**

This year we have tried something different. The Southern CEF area is very rural comprising of many villages. To address this, we have taken our CEF on a "Roadshow Tour" visiting a number of villages.

Ahead of each planned public event we have consulted with residents about the issues they would like to see covered. We have then created an event built around the feedback we have received. This has led to a range of speakers attending the CEF events to address the questions residents have. We have been delighted to see so many new people attending these events. We intend to continue using this approach for the foreseeable future, with many places for us still to visit.

At the same time we have continued to fund an impressive number of innovative projects developing new services and supporting community organisations. All of these initiatives have helped to address the priorities in our Community Development Plan.

Thank you to everyone who has contributed to the success of the Southern CEF.

Cllr Mike Jordan, Chair Southern CEF Partnership Board

## **Introduction**

Community Engagement Forums are a collaboration between a range of partners including the District Council, County Council, Town council, Parish Councils, Police, Fire and Rescue Service, local businesses and community groups along with individual residents.

This rural area comprises of the following parishes: Balne, Beal, Burn, Camblesforth, Carlton, Chapel Haddlesey, Criddling Stubbs, Drax, Eggborough, Gateforth, Heck, Hambleton, Hensall, Hirst Courtney, Kellington, Kirk Smeaton, Little Smeaton, Long Drax, Newland, Stapleton, Temple Hirst, Thorpe Willoughby, Walden Stubbs, West Haddlesey, Whitley and Womersley

## **Partnership Board Work**

Our Community Development Plan has continued to focus on 3 key areas;

- Youth Service Provision
- Addressing Loneliness and Isolation
- Increasing access to community transport for residents

As well as specific activities taken place the CEF has also created a series of Public Forums and funded a range of new projects to address these themes.

## **Grants Awarded**

Through the year the CEF Partnership Board has considered and awarded a range of grants to local initiatives that enhance the work of their Community Development Plan. This year a total of £25,951 has been awarded.

### **Cridling Stubbs Village Hall**

£840 to carry out a building condition survey which was a useful report enabling the new management committee to move forward on plans to develop the hall.

### **Selby Parkrun**

£2,500 to set up a 'parkrun' in the Selby area to hold a 5km run every Saturday morning that was free of charge and promoted for all within the community.

*Selby parkrun launched on 16th December 2017. Since then, at the time of writing (1st May) we have had 15 events, with five events cancelled due to inclement weather or flooding of the course. In total 1049 participants have taken part in a total of 2245 runs, covering a total distance of 11,225 km, averaging 140 people per event.*

*One of the most important outcomes, for us, though is the number of first timers that each event - each week around 6% of the participants are taking part in parkrun for the first time, so each week a new people are getting up, getting out and getting active on a Saturday morning - despite the wind, snow, rain and mud and puddles!*

*Youth Provision - each week around 10% of the participants are under the age of 18, and each week the volunteers include amongst their number one or more under 18s.*

### **Carlton Towers Cricket Club**

£6,723 funding to Carlton Towers Cricket Club for the provision of a new scoring facility.

### **Eggborough Methodist Church**

£5,480 to provide an 'Over 50's Computer Club'. A questionnaire from July 2017 had identified the local need for an Over 50's Computer Club. Funding will be used to have broadband installed in the church, employ an IT tutor to be available for 2 to 3 hours a week, and to purchase a printer and paper to print off guides and examples of work.

### **Selby Hands of Hope**

£5,750 to coordinate a series of 12 'pop-up' days in villages across the Southern CEF area, tying in to other community events taking place. Publicity and staff to transport a range of items from across the two shops would be provided. The funding would also be used to increase the number of people attending a weekly Discosize class, in order to also make it sustainable.

### **Selby District Disability Forum**

£4,658 to bring together a group of Southern CEF area residents to become a locally focused Disability Action Group for SDDF. With the support of the SDDF, the Action Group will empower people to discuss their local needs and create a united voice to action change and inform decision makers.

## **Impact**

### **The Selby District Children's Reading Festival**

*All school children in the Southern CEF area were invited to attend the family day of the festival on the Saturday. This is just over 1400 children. In addition, each year two child in the Southern CEF area received a token for a free book, which could be redeemed at the event. There were a series of read aloud sessions with authors who covered all primary school age ranges, as well as book signings and other activities. In addition to reading aloud, the authors also answered questions. The children who were unable to attend with their family on the Saturday received their book at school.*

The feedback from parents has been extremely positive and there have been calls for another event next year. In total over 3500 children attended across the three days of the event.

The event provided over 200 children who live within the Southern CEF area with free books of their own to keep and treasure at home.

**Horton Community Cafe** - serving Eggborough and the surrounding area to reduce social isolation in rural areas. Funding has provided community transport to and from the cafe as well as the promotion of becoming a volunteer community transport driver. An additional 10 people each week have been able to access the cafe and to date 3 new volunteer drivers have been recruited.



**West Haddlesey Parish Meeting**

The fence improves the look and feel of the area in question, as well as creating a physically imposing barrier between those walking on the path and those using the roadway. It has therefore improved safety and security as well as contributed to the amelioration of the village.

A large number of villagers have already given very positive feedback on how nice they think the fence looks, so we are very pleased with its reception and the outcome of the project.

**Selby District Vision** - Vision on Tour Outreach project; taking the eye health, sight loss prevention message and visual awareness out to the Eastern villages

This has been an incredibly successful outreach project and genuinely enabled services to be taken out into some of the hardest to reach areas of the Selby District. Over the course of this project we have delivered directly to all 24 villages in the Southern CEF area.

For SDV this has been an awareness project, getting our services out to the most isolated villages and reaching individuals in new and practical ways.

Working in collaboration with the Yorkshire Energy Doctor has massively strengthened this project and given us both a brilliant working partnership. Together we have been able to tackle such a huge area with shared ideas and structure. Running the two projects together also opened us up to new avenues of clients,



who could benefit from one or the other but may not otherwise have been engaged.

**Delivering a talk to Hensall Over 60s Group**

*"I have been really worried about my most recent pair of glasses. It has been fantastic to be able to speak to you today and I shall be going back to my optician to discuss it further now."*

*Hensall Over 60s Club Member*



**Selby District Vision**

## How can you reduce the risks of unnecessary blindness?

- 1 Visit an optician regularly**  
Sight tests are free for anyone over the age of 60, under the age of 16, age 16 to 18 if in full-time education, for anyone with diabetes or anyone on a means tested benefit. A sight test is a vital check on the health of the eyes and includes the detection of eye conditions and can also help to detect many other health conditions.
- 2 Safe in the sun**  
Ultra violet rays can damage your eyes. Always wear sunglasses when outside in the sun, even on cloudy bright days or when the sun is low.
- 3 Healthy eating for healthy eyes**  
A poor diet can put your sight at risk. The freshest fruits and vegetables have the most antioxidants and nutrients, which are great for your eyes. Fresh fruit and vegetable juices are also an excellent way to boost your eye health. (Drinking excessive amounts of alcohol can also lead to sight loss and particularly affects the absorption of vitamins in the liver, vitamins needed to maintain healthy eyesight)
- 4 Screen breaks**  
Take at least one break each hour if you use a computer, tablet or smartphone. Resting your eyes can avoid eyestrain, headaches and double vision.
- 5 Don't smoke**  
Smoking has been directly linked to blindness. Smokers are four times more likely to develop age related eye conditions.
- 6 Be safe**  
Wear protective eye glasses when you are carrying out DIY or other activities which could put your sight at risk. Don't guess about the severity of any eye injury. Especially if you have pain, blurred or loss of vision. If you are ever at all concerned, always seek medical advice.
- 7 A healthy lifestyle**  
Regular exercise, where possible and safe, is essential to stay fit and healthy, but also very important for eye health. Boosting blood flow around the body increases oxygen levels to the eyes.

Selby District Vision is your local charity, supporting people with their vision  
Phone: 01757 709800  
Email: info@selbydistrictvision.co.uk  
Website: www.selbydistrictvision.co.uk

Registered Charity Number: 1149391  
Selby District Vision Official

On Tour with the Southern CEF  
Funded by The Southern Community Engagement Forum  
www.selby.gov.uk/cefs

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**Yorkshire Energy Doctor CIC**

## How can you save money on your utility costs?

- 1 Apply for the Warm Home Discount**  
Are you in receipt of means tested benefits or have a household income of under £16,190 per year with young children, someone with a long-term health condition or an elderly resident in the home? If so, you may be eligible to apply to your electricity supplier for a one-off payment of £140 to help with your winter energy bills.
- 2 Change your energy supplier**  
The average household can save over £200 per year by changing their energy company or even just their tariff. If you have never switched it could be more than this.
- 3 Insulate your loft and walls**  
23% of heat is lost through the walls, and 25% through the loft. If you own your home or rent privately there are subsidies that offer free insulation fit grants.
- 4 Upgrade your boiler**  
If you have an old LPG or oil boiler, or old storage heaters, and you receive means tested benefits then you may be eligible for a replacement that could be free or partly subsidised (lower occupiers/private rented).
- 5 Turn down your thermostat**  
The thermostat turns the boiler off when the house reaches the temperature you have set on the thermostat - it should be set at 18-21°C.
- 6 Don't leave appliances on standby**  
The average household wastes £55 per year by leaving electrical items on standby.
- 7 Have a water meter fitted**  
If you have more bedrooms than people in your home then it is usually cheaper to have a water meter - Yorkshire Water fit these for free. Call them on 0345 124 2424.

If you want further help or advice on any of these then contact Kate at the Yorkshire Energy Doctor CIC on 01757 249100 or [kate@yorkshireenergydoctor.org.uk](mailto:kate@yorkshireenergydoctor.org.uk). All advice is free and independent thanks to grant funding from the Southern Community Engagement Forum.

On Tour with the Southern CEF  
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*We have reached a vast number of people and have no doubt that, by being in these villages, this project will not only have helped individuals to gain valuable information, but also been a wonderful way to promote the work of SDV, YED and the Southern CEF.*

*"I had no idea that I was supposed to take the children for a sight test, I thought they had them at school. I'll get that booked in now I know."*

*A Mobile Library customer*

### **Chapel Haddlesey School Summer Fair**

*Reaching all the villages through a diverse and varied mix of activities has been a real achievement throughout this project.*

*Covering such a rural area and finding ways to maximise the potential of the project has taught us such a lot about getting our services out into the community and how to be truly district-wide.*

*"I didn't realise eye tests were free now that I am over 60. That is great to know, as I haven't been for a lot of years, but I don't really have an excuse now do I!"*

*Community Café customer*



## Public Forums

During the year 2 public events have been held providing the opportunities for local residents to find out more about local initiatives.

At each forum we have a “Market Place” area with stalls staffed by North Yorkshire Police, Highways, Selby District Council and Community organisations. This provides a wonderful opportunity for residents to discuss the issues that affect them with the appropriate organisation.

### Hambleton Roadshow Event September 2017

This was a well attended event with speakers answering questions about planning, traffic and the work of the Parish Council.

**Southern Community Engagement Forum**

**Hambleton Roadshow Event**  
**Let's Talk About...**

**Planning Traffic**  
Hambleton Parish Council

**Southern CEF Public Forum**

**Wednesday 6th September 2017 6.30pm**  
Hambleton Village Hall,  
Station Road,  
YO8 4HS

Free Food and Refreshments

Following consultation with residents three key issues emerged that people want to discuss.

Residents will be able to put their questions to representatives from Selby District Council, North Yorkshire Police, North Yorkshire Highways and Hambleton Parish Council.

This is a chance for you to have your say about the issues that are important to you and the place where you live

Also an opportunity to speak to your Councillors, staff from Selby District Council, and other Community and Voluntary Organisations.

Visit [www.selby.gov.uk/cefs](http://www.selby.gov.uk/cefs)  
Please contact the Democratic Services team for further information on 01757 705101 or [DemocraticServices@selby.gov.uk](mailto:DemocraticServices@selby.gov.uk)

**Southern Area**  
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**Southern Community Engagement Forum**

**Eggborough Roadshow Event**  
**Let's Talk About...**

**Planning Traffic Crime**

**Southern CEF Public Forum**

**Thursday 14th December 2018 at 6.30pm**  
Eggborough Methodist Church,  
Selby Road,  
DN14 0LP

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### Eggborough Roadshow Event December 2018

This was another well attended event with speakers answering questions about planning, traffic and crime.

The following people make up the Partnership Board for the Southern CEF:

- Cllr Mary McCartney, Cllr Dave Peart, Cllr Debbie White, (Selby District Council)
- Cllr Mike Jordan, Cllr Cliff Lunn and Cllr Chris Pearson (Selby District Council/North Yorkshire County Council)
- Cllr John McCartney (North Yorkshire County Council)
- Steve Carr, Fiona Conor, Gillian Ivey, Steve

Laurenson, Dave Perry, Keith Westwood (Co-opted Member)